

Withington

Parish Magazine



September & October
2021



THE ALL NEW MULBERRY CAFÉ AT RADWAY BRIDGE GARDEN CENTRE

Radway Bridge Garden Centre & Country Stores is very excited to have taken the café back under its wing.

The Contemporary Mulberry café will offer delicious, fresh homemade cooking where most is made by our in-house chef, 7 days a week.

Freshly prepared breakfasts and lunches, to cakes and scones, everything is made from scratch using the best of fresh local seasonal produce.

- **We will specialize in delicious, rustic homemade food cooked well and with a simplicity that brings out all the natural flavours in fresh seasonal ingredients.**
- **We are going back to our traditional Sunday lunches.**
- **We are having informal talks with tea with Horticultural enthusiasts throughout the year.**
- **Cookery demonstrations.**
- **Breakfasts and teas are returning with Santa later in the year.**
- **The atmosphere is friendly, relaxed and informal, with free Wi-Fi.**
- **There is no need to book and you will be guaranteed a warm friendly welcome.**

We are really looking forward to welcoming you back to our Mulberry Cafe in 2021.

Whitestone Hereford HR1 3RX T 01432 850009

E info@radwaybridgegardencentre.com www.radwaybridgegardencentre.com

Contents

Page	3	The Courtyard	10	Westhide and Poetry
	4	Withington Village Hall, Book Club and Tree Warden Report	11	Notices
	5– 7	St. Peter's Church	12	Contact names & Addresses
	8	Withington Group Parish Council, and West Mercia Police	13	Kiddies Corner
	9	Preston Wynne	2,13-20	Elizabeth Byworth Trust
				Adverts

Editorial

Dear All,

By the time you read this edition of the magazine we will be experiencing the end of the summer holidays. Children will be going back to school and the season of mist and mellow fruitfulness will be upon us with its bountiful harvest and display of autumnal colour .

The forthcoming months include Halloween and Bonfire night so let's remind everyone of the dangers associated with these events for both people, pets and wildlife.

The next edition will feature the festive season so I invite you to send in your Christmas and New Year messages to family and friends.

Best wishes to you all.

Margaret

The Courtyard

Music Café for Armed Forces Veterans living with dementia at The Courtyard

The Courtyard's resident orchestra, Orchestra of the Swan, will be hosting a weekly music café at The Courtyard for Armed Forces Veterans living with dementia.

Café Muse is an initiative to allow veterans living with dementia the opportunity to meet and take part in a range of interactive music workshops. Aside from delivering regular, free Dementia Friends training sessions, where participants learn a little more about dementia and some of the small ways they can help those living with it, The Courtyard offer a range of participatory and non-participatory events.

Playing Together, is an interactive, intergenerational play session for older adults and pre-school children. Sessions run every Tuesday at 10.30am in partnership with Wyldwood Arts. Orchestra of the Swan's **Café Muse**, kindly supported by The Armed Forces Covenant Fund Trust and Armed Forces Covenant, will run weekly at The Courtyard on Wednesdays from 11am – 3pm. The day is free to attend from August to December, and £7.50 per person from January. It includes two workshops and discussions, teas and coffees and lunch.

For more information or to book a space at **Café Muse**, or to find out more about The Courtyard's Dementia Friendly work visit courtyard.org.uk.

DEADLINE FOR THE NOVEMBER/DECEMBER EDITION OF THE MAGAZINE:

7TH OCTOBER 2021

Email: withingtonmagazine@gmail.com

Tel: 01432 850182

Withington Village Hall

Come and celebrate WI Day with HEREFORDSHIRE FEDERATION OF WIs on

THURSDAY 16th SEPTEMBER 2021
10.00am – 4.00pm at WITHINGTON VILLAGE HALL

Come and join us to celebrate WI Day with your friends and family. Free entry. Peruse WI stalls and the books and puzzles table. You can knit teddies for the hospital with Jane, make kusudama flowers with Caroline, see what our Creative Arts are doing as well as displays by our Archivist, ACWW, Climate Ambassador and collect free Morsbags to take your goodies home. There will also be the 2022 Herefordshire calendar and pens and NFWI 2022 diaries for sale. Oh, and we mustn't forget the all-important tea, cakes and raffle. All are welcome.

We shall be abiding by the Coronavirus restrictions in place at the time and socially distancing with hand sanitizers placed throughout the hall.

There have been requests to start a WI group in Withington. Come and see what we have to offer and you may be interested in joining. This will be an opportunity for you to find out everything about the WI. If you are unable to attend contact Jane at admin@herefordshirewi.org.uk.

Withington Book Club

We had a great discussion around 'The Unlikely Pilgrimage of Harold Fry'. During his 'pilgrimage', Harold Fry receives a letter from a former work colleague who is in a hospice in Berwick upon Tweed. He walks from Devon, leaving his wife behind and aiming to reach Berwick and the ex colleague. The book details his adventures on the way.....

'The Red Haired Woman' by Orhan Pamuk also led to some interesting opinions. This book tells the story of a young man and his life journey/adventures in Istanbul, initially. Along the way, he meets a red haired woman....

There is no meeting in August. In September, our book will be 'Meet Me At The Museum' by Anne Youngson. In October, our choice is Hamnet by Maggie O'Farrell.

We are still using Zoom but hope to return to meeting at each other's homes in the not too distant future.

If you'd like to know more, please ring 01432 851710

Tree Warden Report

The Queen's Green Canopy in Herefordshire 2021-2022

Next year, 2022, is the Queen's Platinum Jubilee year, marking her 70 years on the throne. Withington group of parishes and Herefordshire Council are supporting this initiative to plant as many trees as possible for the canopy across the county.

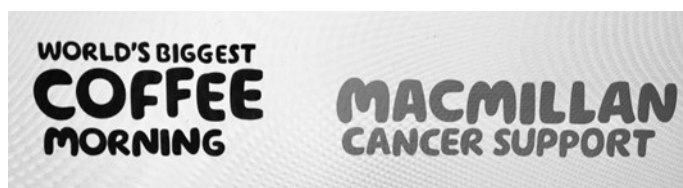
Schools, farmers and individuals are all encouraged to join in by planting a single sapling, a group of trees, a new hedge or a new woodland.

The Lieutenancy of Herefordshire is organising the distribution of native tree saplings from October 2021. I have asked for 200. We plan to plant around the perimeter of the playground, football pitch and dog walking area and plenty will be available for Westhild and Preston Wynne.

Once we have the saplings we'd be grateful for help planting the trees. With enough assistance and a good picnic offered from the village hall we could plant them all in a day. Probably in November. Date to be announced nearer the time and on Facebook.

This is a great opportunity to further improve our village environment as well as leaving a legacy for the future. withingtontreewarden@gmail.com

St. Peter's Church News



Macmillan Coffee/Tea Afternoon!

At Withington Village Hall

Friday 24th September

2 – 4pm

Come and join us for a cuppa, lots of chat and *loads* of cake!

Meet old friends and make new ones!

And help raise funds for Macmillan Cancer Care!

Join us there – everyone is welcome! + BRING & BUY + CAKE ORDERS

More Info - Ruth Hewison 01432 850074



Popup Café restarted in August!

With all our new facilities at church, catering for hot drinks is a doddle!

And as usual, there is no shortage of cake and chat!

Come and join in – meet neighbours and perhaps make new friends!

We will be continuing throughout September, so do drop in! All welcome!

Any queries, Margaret Soutar 850448 or Ruth 850074

BIG BREAKFAST IS BACK!

Meet friends, neighbours, relax, chill out and have a full English Breakfast with cereal, toast, preserves and tea or coffee.



Withington Village Hall

08.30 to 10.00am

Restarting Sat 2nd October

And hopefully will continue monthly

Proceeds are shared between a local charity and St Peter's Church, Withington. A different local Charity is chosen each month. Suggestions are welcome. *More info – Ruth Hewison 01432 850074*

St. Peter's Church News

On 1st May we were pleased to welcome a new member of the team. Following a successful bid for funding to The Church Commissioners, Christine Cattanach has joined us to work across the parishes of Lugwardine and Bartestree, Withington and Sutton in the neighbouring Maund Group. Some of you may already have met Christine but I thought it would be useful if, in her own words, she could set out what her role is and what, with her, we might hope to achieve in the months ahead.

What is an Intergenerational Missioner?

Initially there were six Intergenerational Missioners employed by the Diocese across 5 locations to work as part of the local ministry team to help encourage our churches to grow both spiritually and numerically over 5 years. However, some extra locations have applied to join the project and there are now more Missioners in post. Mission has been most successful in places where congregations have embraced the project and are willing to support change.

How did I come to be here ?

After three successful years in Ross it was time for the project to move. Having already begun doing some ministry in Bartestree Cross, a strong and inspiring bid was put forward by Simon and Revd. Paul Roberts for my role to become redeployed in Lugwardine, Withington and Sutton St Nicholas. It was to our great delight when Church Commissioners, Diocese Leadership and the Bishop were fully supportive of the bid. Starting officially in May I now work alongside these three parishes.

What will Intergenerational Mission look like here ?

Many of you will by now have become aware of my involvement with Bartestree Cross since September of last year when I was able to use some of my hours to come help create the 4th @4 Family Service at Withington and build the Family Service in Lugwardine in its new time slot. When our churches could not be open, you may not be aware that I spent much time behind the camera creating videos of each church as we recorded short services of Morning Prayer. I have also been involved with developing our social media presence to help reflect more of what is going on in our churches.

One way we have started reaching out into the community are our benefice wide Summer Walks. Everyone is welcome to come and join us for an hour's easy walking with refreshments at the end starting at a different church each time. It is a chance to welcome and to get to know one another a little more. These walks have been a wonderful mixture of generations of those known to us and some new faces on a beautiful day as we stroll through the gorgeous countryside around us. The last of the series of walks sets off from Weston Beggard on Sunday 12th September at 3pm. Come and join us.

We hope that you will be supportive, interested, will participate and most importantly that you will pray about what we are creating in this coming season. I encourage you to feel free to get in touch with Christine as she looks forward to getting to know you.

What a lovely afternoon we had at our first Family Tuesdays Together at St Peter's. The idea was to welcome families into or newly reordered church, with its beautiful new kitchen and toilet facilities. We wanted to create a relaxed space for families to drop in and hang out, play games, do some craft and of course eat some cake. The families that came seemed enthusiastic and had a very happy time playing together and spending some quieter moments creating a few masterpieces from paper plates. Parents seem content to join in or to watch their children enjoying themselves. Everyone is welcome to join us for the remaining Tuesdays in August. If you would like to get in touch, feel free to email

christine.cattanach@hereford.anglican.org

St. Peter's Church News

Bartestree Cross Group Services for September & October 2021

Date & Readings	Westhild	Withington	Date & Readings	Westhild	Withington
12th September Trinity 15 (G) James 3:1-12 Mark 8:27-end	11am Morning Prayer	9.30am Holy Communion	10th October Trinity 19 (G) Hebrews 4:12-end Mark 10:17-31	11am Morning Prayer	9.30am Holy Communion
18th September		10am-4pm Church open day	17th October Trinity 20 (G) Deuteronomy 26:1-11 John 6:5-12		9.30am Holy Communion harvest festival *
19th September Trinity 16 (G) James 3:13-4:3,7-8a Mark 9:30-37		9.30am Holy Communion & baptism 12.30pm Baptism	24th October Bible Sunday (G) 2 Timothy 3:14-4:5 John 5:36b-end	11am Holy Communion	'4 th @4' Family Service
26th September Trinity 17 (G) James 5:13-end Mark 9:38-end	11am Holy Communion	4pm '4 th @4' Family Service	31st October All Saints Day (W) Revelation 21:1-6a John 11:32-44		10am Group Holy Communion

Into the C21st for St Peter's Church Withington!

The Toilet and Kitchen project is now finished, providing the church with running water, mains sewage and modern facilities!

Come to our OPEN DAY SATURDAY 18TH SEPTEMBER

10.00 – 16.00



The project has been several years in the pipeline, but significant permissions and major fundraising began in 2018.

We want to thank EVERYBODY who helped us raise the funds – a large sum was raised locally, and many grant awards were won to reach the final cost of £82,000.

Join us for a 'look around' and have a cup of tea/coffee, cake or snacks in our new hospitality area.

We look forward to meeting you, whether you contributed or just want a 'look see!'. Please come!

Withington Group Parish Council

Withington Group Parish Council – update from their July meeting in 2021.

Withington Group Parish Council represents Withington, Westhide and Preston Wynne and meets every two months, usually at Withington village hall, but the venue is always promoted along with the agenda on the parish notice boards and on the web site at least 3 working days prior to a meeting. All meetings are open to the public who are welcome to attend. Councillors are volunteers who are elected every three years.

The Parish Council and Withington Village Hall Committee are delighted that they were able to make use of Section 106 funding to expand and improve the car park at the village hall, we hope that you all agree that it is looking very smart. Further Section 106 funds were used to improve the link from the new part of the Vine Tree development through the copse to access the village hall, post office and play areas. Again, we hope that you think that the new paths are an improvement here.

It has been noticed that dog mess has become an increasing problem in all of the group of parishes. Please can all dog owners remember that bagged dog poo can be disposed of in any public bin – this is far preferable than leaving your filled bags on the paths.

Withington Field: Unfortunately, it has been necessary to close one of the play structures on the field. We have the manufacturers coming out to address the problem, but we appreciate your efforts to keep your children off the ‘pick up sticks’ element until we can take the ‘closed’ notices off it.

CCTV at the village hall: The Parish Council has been approached to consider supporting the placing of CCTV on the Village Hall. This was discussed at the July meeting and the WGPC are looking at the cost implications of this idea.

Your **Withington** Councillors are:- Kevin Hewison (Chair), Alison Bainbridge, Barclay Rogers, Tom Nellist, Bob Wood, Jonathan Beech, Martin Kirk (footpaths officer), Howard Mansell, Bob Rudd and Ingrid Heatly (who is also the tree warden).

Your **Westhide** Councillors are :- Judith Howe (Vice Chair), Julie Williams (footpaths officer) and Anna Green.

Your **Preston Wynne** Councillors are:- Simon Dent, Sue Rudd and Ed Simcock – Roz Simcock is the Parish footpaths officer.

You can contact them via the parish clerk on : wgpcclerk@hotmail.co.uk

West Mercia Police

Hereford Rural North SNT | West Mercia Police

We are delighted to launch **Neighbourhood Matters**, our brand new community messaging service.

Through Neighbourhood Matters you can sign up for local police alerts; receive information about crime in your area, find out about drop-in sessions, answer surveys, and more.

You can choose exactly what type of alert you want to receive and how you receive them, whether it be via text, email or phone call.

Sign up now <https://neighbourhoodmatters.co.uk/>

Preston Wynne

Hello everyone,

Would you believe it? In the blink of an eye here we are with Autumn almost upon us. Life here in Preston Wynne seems to be rolling along with the seasonal changes certainly in less dramatic fashion than in some parts of the world. Speaking to my brother in Australia recently he tells me that following unseasonal flooding and rain in some drought areas there has been a plague of mice due to the abundant crops suddenly providing a glut of food for them. On that note, just thought I'd share this with you..my brother doesn't live anywhere near the affected area but as we were chatting over a zoom call, a mouse ran out from under the fridge, there were shrieks from my fastidious sister-in-law and pandemonium broke out. It made for a very entertaining 5 minutes for me, quite safe from said mouse running up my leg from 17,103 km away (just googled that fact). The food chain of mice provided yummy meals for the snakes which quickly followed –not sure what happened next – do snakes have natural predators? (Must google later) In any event they are all God's creatures, so....

Church News September 26th 11.15 **Harvest Festival**
October 24th 11.15 H.C.

At the August Service we were very pleased to welcome our new curate Natalie Jennings who seems to be settling in beautifully. It was great to chat with Natalie following the Service over light refreshments.

Hall News:

During the first lockdown Will Davis was instrumental in a group of children working in supervised conditions to create a mural commemorating the 75th Anniversary of the World War II and also a tribute to the dedication of N.H.S. Staff during the pandemic. This unique work of art is to have an official unveiling in the Hall on September 11th. The children who contributed are to be invited to a tea party in the afternoon. Following this at 6 pm there will be a **PIMMS AND PUDDING EVENING** to celebrate the re-opening of events in the Hall, and provide an opportunity for a get-together for all Preston Wynners, old and new. Please do come along, there will be entertainment provided by Charles Saunders and co. always great fun!

W.I. News:

The July meeting was held in Hilary's garden, members enjoyed a fish and chip supper, and a former member Hilda Teece who had been invited along was presented with a bouquet of flowers to celebrate her 90th birthday.

In August the meeting will be held in the Hall, Debbie Barber is to present a video about the river Wye, and in September there will be an open meeting, this one promises to be MAGICAL!

A date for your diary – Debbie is opening her garden at Brick House West Hyde from 10 am to 4 pm on Sunday 12th September, tea and cakes will be available. Proceeds for W.I. funds.

The local cricket teams have been back on the pitches this Summer, this as much as anything makes it seem as though things are returning to normal. Fingers crossed everyone, onwards and upwards, yeay!!

Love Hilary and Tricia x

REMINDER - YOU CAN NOW READ THE MAGAZINE 'ONLINE' - if you are unable to obtain paper copies of the magazine please go to the Group Parish Website to read it. You will find the magazine under the 'Newsletter' section <https://withingtongroupparishes.co.uk>

Westhide

After months of totally unpredictable weather, a most successful Friday night Belfrey Bar session was held with Rob Meredith at Oldbury Farm on July 16th. About 30 people turned up to enjoy a beautiful summer evening amongst friends.

The Westhide Summer Sunday Walk was held on what must have been the hottest day of the year. Was it 30 degrees? Even so a few brave souls strode off for an enjoyable, foreshortened walk - and survived!

On the last day of July we bid farewell to Michael Aylmer who has been an intern with Simon and Paul (from Bodenham) for the past year learning all about the trials and tribulations and joys of working with rural parishes. He is leaving us to start his training for Ordination at Cuddesdon, near Oxford. He took Morning Prayer at his final service at Weston Beggard after which there were refreshments and gifts to send him on his way. We thank him for his ministry whilst among us and wish him well.

H. Art week is from Sept 4th - 12th. Four artists will be exhibiting at The Glebe and booklets showing all 100 venues will be available in the Church and in Robin's studio.

Due to Covid restrictions we have been unable to have any singing or group gatherings in the Church, so it will be a great pleasure to welcome back the Pax Singers who will be giving us a concert of a variety of music, poetry etc. on October 2nd - a treat in store.

Sheila.

Poetry

The Wind And The Leaves

By George Cooper

"Come, little leaves," said the wind one day.
"Come o'er the meadows with me, and play'
Put on your dress of red and gold,—
Summer is gone, and the days grow cold."

Soon as the leaves heard the wind's loud call,
Down they came fluttering, one and all;
Over the brown fields they danced and flew,
Singing the soft little songs they knew.

"Cricket, good-by, we've been friends so long;
Little brook, sing us your farewell song,—
Say you are sorry to see us go;
Ah! you will miss us, right well we know."

"Dear little lambs, in your fleecy fold,
Mother will keep you from harm and cold;
Fondly we've watched you in vale and glade;
Say, will you dream of our loving shade?"

Dancing and whirling, the little leaves went;
Winter had called them, and they were content.
Soon fast asleep in their earthy beds,
The snow laid a coverlet over their heads.

October's Party

By George Cooper

October gave a party;
The leaves by hundreds came—
The Chestnuts, Oaks, and Maples,
And leaves of every name.
The Sunshine spread a carpet,
And everything was grand,
Miss Weather led the dancing,
Professor Wind the band.

The Chestnuts came in yellow,
The Oaks in crimson dressed;
The lovely Misses Maple
In scarlet looked their best;
All balanced to their partners,
And gaily fluttered by;
The sight was like a rainbow
New fallen from the sky.

Then, in the rustic hollow,
At hide-and-seek they played,
The party closed at sundown,
And everybody stayed.
Professor Wind played louder;
They flew along the ground;
And then the party ended
In jolly "hands around."

Notices

GREEN & SUSTAINABLE OR A TOXIC BLOT ON THE LANDSCAPE - YOU DECIDE

When plastic was first invented the world, as a whole, thought it was a wonderful product. Nobody foresaw the colossal damage it would do to our planet and our wildlife and now we are desperately trying to undo this damage. However, history is now being repeated, despite the fact that we are supposed to be more aware of issues that are affecting our world.

Solar energy has been promoted as a totally 'green' way of providing electricity. Unfortunately, whilst it is being promoted in this way, as well as being sustainable, [the meaning of which is 'conserving an ecological balance by avoiding depletion of natural resources'], we, as the public, are being kept ignorant as to the damage which will be caused to our world upon the decommissioning of these solar farms. Therefore, in order for us to make an informed opinion on the subject of solar farms, particularly in view of the proposed 125 acre site at Westhide [Herefordshire Council Application No. P211629 EIA [Environmental Impact Assessment]], I have attempted to compile a few relevant facts which you may not be aware of.

What Does A Solar Panel Farm Mean To The General Public?

Acres of metal, glass, CCTV and generator boxes surrounded by security fences, warning signs and cameras. [In the instance of the proposed site at Westhide, 100 acres covering nine arable fields.] Our rural parishes are defined by livestock grazing and grassland with narrow quiet lanes but are now vanishing under a sea of glass and metal. Solar developers like to claim that sheep can graze alongside the rows of panels but, as is often the case, the grass cannot grow in the permanent shadows cast by the panels. This desecration of our rural landscape is turning it into an industrial landscape.

The materials of which the panels are made in the instance of the proposed site at Westhide will have a life expectancy of 20-30 years. These panels are difficult and expensive to recycle raising the prospect of panel 'mountains' leaking dangerous heavy metals. The disposal of these panels is a significant problem for the future as it is unclear what will actually happen when the panels are decommissioned, not least because they contain toxic substances including cadmium. Dr Peiser, director of the Global Warning Policy Foundation, says that this is already a danger in countries where solar energy was adopted earlier than the UK. *"Often panels are not recycled, just dumped in a hole and covered up. The issues of what will happen in the UK in a few years when our original solar panel farms are no longer efficient and have to come down has not been fully thought through."*

The majority of these panels are made in China and therefore leave a huge carbon footprint in order to be transported to the UK. It is twice that of importing from Europe due to China's environmental standards [or lack of them] and because they use coal fired power to manufacture them.

It has been calculated, due to the unsuitability of British weather, that most solar farms will never get beyond 12% of their true generating capacity in the course of a year. In fact, solar energy contributed to a poor 7% of the National Grid in April 2021 despite the fact that it was unusually sunny and dry. In December 2020 the solar contribution was a pathetic 0.67% of the total! Dr Peiser states that solar energy makes no sense in the UK and the many miles of panelling are more likely to do more harm than good. *"There is simply not enough sun..... In Britain I am concerned about the unintended consequences – they leave a huge ecological footprint. A single nuclear power plant sits on a square kilometre or so of land. For solar panels to generate the equivalent energy you'd need 10,000 times more space, maybe even more."*

It is a power supply that is always unpredictable and intermittent which will result in power cuts in the winter.

The Governments 'Net Zero by 2050' initiative drive is totally insensitive to cost and environmental damage. They are prepared to lose a large part of British farmland to a second-rate electricity scheme. With our ever increasing population, within a couple of decades, we will be 50% dependent on imported food.

What Does A Solar Panel Farm Mean To The Landowner?

Due to a loophole in the planning system solar farms are a good way for landowners and developers to turn lower grade farmland into 'brownfield' land, potentially allowing them to be built over in the future – housing, trading estates etc. Some landowners regard this as an opportunity as farmland is mostly protected from development [except for solar]. Having a solar farm is a way of achieving a landowners aim of building in the future.

Solar farms far outstrip the precarious profits from conventional agriculture. Figures suggest that landowners can earn up to £2,000 per annum per acre from solar farms whilst a sheep farmer can earn as little as £6 per acre.

Whilst being told that solar energy is totally 'green' it is obvious that this is not the case in that it is destroying our rural landscapes, flora and fauna besides the extremely significant problems involved in disposing of the toxic wastes. We need to question what legacy are we actually leaving to our children and grandchildren.

THEY DESERVE BETTER!

Extracts taken from the Mail on Sunday article. This is a general statement and not specifically about the proposed development at Westhide unless it is mentioned.

Contact Names and Telephone Numbers

<u>Byworth Trust Clerk:</u>	Margaret Soutar	850448
<u>Police:</u>	Safer Neighbourhood Team PC Bart McDonagh	101
<u>St. Peters Church:</u>	Rector	Simon Tarlton 01432 507986
	Church Warden	Kevin Hewison 850074
	PCC Secretary	Margaret Soutar 850448
	Bell Ringing	Kevin Hewison 850074
<u>Village Hall:</u>	Chairman	Kevin Hewison 850074
	Booking Secretary	Rob Soutar 850448
<u>WG Parish Council:</u>	Clerk	Sophie Glover 270499
	Chairman	Ralph Barber 853086
	Vice-Chairman	Kevin Hewison 850074
<u>Whitestone Chapel</u>	Ian Porter	01981 540388
<u>Withington Football Club:</u>	Ray Rice	850669
<u>Withington Post Office:</u>		850356
<u>Withington Primary School:</u>		850289
<u>Withington Parish Magazine: Editor</u>	Margaret Thompson	850182

Kiddies Corner

Healthy Fruit or Veggie Platter

A great way encourage your little ones to eat more healthy foods is to get creative with the presentation. This recipe shows how you can transform an ordinary healthy plate of fruit or vegetables into a fun themed one.

The turkey body starts with a pear that is cut in half - then create a beautiful fanned tail by placing chopped fruit on the platter. The veggie version can include a healthy dip as well.





Thursday

7:30pm - 8:30pm



*Withington Village Hall
Coppice Close
HR1 3PP*

*Come and exercise in disguise.
Everyone Welcome!*

*For any questions or further
information, call or text Bev
07900640467*



Elizabeth Byworth Charity

If you are under 25 and live in Withington, Westhild or Eau Withington and would like some assistance with purchasing books, equipment, tools, educational visits, uniforms, etc. please contact me at the address below.

Applications should be made in writing stating name, age and approximate cost of items required and sent to:

Clerk to the Trustees,
Margaret Soutar,
3 Duke Street,
Withington, Hereford,
HR1 3QD

or

email: Margaret.soutar@btinternet.com

CHOOSE YOUR CARPET AT HOME

Tim Farndon



Tim will bring a selection of samples for you to choose from

- Plain Carpet
- Pattern carpet
- Kitchen vinyl
- Bathroom vinyl
- Oak flooring
- Laminate

I can uplift and dispose of existing carpets and move furniture

For a free, no obligation estimate call:

01432 266969

*A first class service from a local
Hereford Business*

www.homechoiceflooring.co.uk

Morris and Dodd

Plumbing, Heating and Property Maintenance

*Gas Boilers & Servicing
Gas Central Heating
Bathrooms
Radiators
Washing Machines
Leaks
Minor Repairs
Property Maintenance*

Tel: 07971529399

or

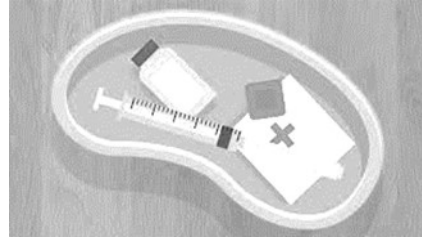
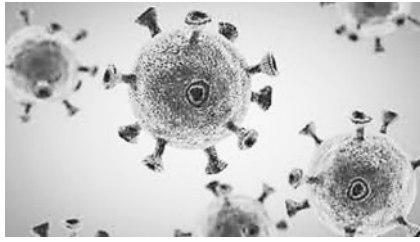
07711477230

marcpmorris@btinternet.com



177084

COVID – does G O D care ?



What sort of a year have you been having?

Too many people have suffered directly from this pandemic – life threatening symptoms, hospitalization, isolation, even job losses with all the worries of rent or mortgage repayments, ongoing household bills, families to feed and on and on it seems to go...

Sadly, there has been the loss of life itself and the resultant grieving of surviving relatives. Mankind around the world seems to be under attack – no-one is immune. There is hope that mass vaccination will stem the tide – but what about emerging variants? What about possible side effects from the vaccines? And what about the next pandemic to arise, which we are told is inevitable?

Where does God come in all this?

Is God powerless to step in and prevent all this suffering? Is He not described in the Bible as a God of love? This current pandemic is only one 'small' tragedy: think of all the wars, riots, 'natural disasters', famines, wild fires, and droughts around this world over just the past 50 years! Life is so uncertain for billions of people worldwide. Does God even care?

The Good News

Treat yourself to some good news! The Bible has a lot to say about the human condition, suffering and all the uncertainties of life to which we are subject. [And we are far more fortunate than most others in the world.] Many people dismiss the Bible without ever having read it – they perhaps base their rejection of it unwittingly on their upbringing on prevailing attitudes of family, friends and social media. An English teacher once told his class that they were about to embark on a study of Shakespeare; a muffled groan went round the class. The teacher then asked: "How many of you have read any Shakespeare?" Not a single hand was raised. The teacher then bellowed: "How dare you show a dislike of Shakespeare when you have never even read his work!"

Of course some people who have looked into the Bible still misinterpret the simple truths it teaches. Do you fall into one of these categories concerning the Bible?



This FREE app. could help!

Get the free Bible Companion app on your phone. For Android in Google Play <https://play.google.com/store/apps/details...> and for Apple / iOS <https://apps.apple.com/us/app/bible-companion/id1475914490>.

Bible text of the New European Version [contemporary, modern English] with audio, deeper commentary on every verse, basic devotionals on every chapter, audio message on every chapter, youth message on all chapters, continuous play option for all audio files.

For FREE hard copy Bible (NEV version) along with FREE 300+ pages study manual 'BIBLE BASICS' post free – no follow up (unless you ask for it) no hassle.

freebibleliterature@yahoo.com or mobile / SMS 07481122558

Could this be your first step towards a life of certainty and ultimate truth?

**YOU'VE
NOTHING
TO LOSE.**

ANDREW JELLEY OPTICIANS

*professional eyecare
and
excellent eyewear*



34-36 High Street
Bromyard

01885 488259

www.andrewjelleyopticians.co.uk

/acjopticians @acjopticians

Alexandra Probert BSc(Hons)Ost

OSTEOPATH

For Quick and Effective Treatment of...

- Low back, neck, head, jaw & joint pain
 - Pregnancy related pains
 - Postural problems
- Sports related minor injuries
 - Sciatica
- Repetitive strain conditions
 - People of any age

The Rickyard
Shucknall
Hereford
HR1 3SJ

Holcombe House
Gravel Hill
Ludlow
SY8 1QU

01432 850667 07813274137 01584 874200

www.herefordandludlowosteopathy.co.uk

alexprobert@btintemet.com



YOUNG & GREEN
SUSTAINABLE HOMEWARES

youngandgreenhome.co.uk

Situated in Weston Beggard. P & P refunded for local deliveries.

recycled glass and textiles

Young & Green is an online business situated in Weston Beggard specialising in recycled glassware/textiles. All our items are gift wrapped in recycled paper and local orders can be delivered to your door returning the P&P.
www.youngandgreenhome.co.uk

DAVID LAWRENCE ~BUILDER~

Established 1984 ~ Fully Insured

**Small Repairs
Complete Renovations
Roofing
Repointing
Bathrooms
Kitchens
Plumbing
Tiling
Electrics
Painting
Decoration
Landscaping**



Whatever your property requires

Tel: 01432 880080

Tel: 07702 271 663

**Firethorn, Churchway, Sutton St Nicholas,
Hereford, HR1 3BD**

dglawrencebuilding@outlook.com

INSURANCE ON YOUR DOORSTEP – FOR YOU AND YOUR BUSINESS

We pride ourselves on offering a personal and local service for home, car, commercial vehicle, horse and business insurance as well as pensions, investments and protection.

Call us on 01568 612427 to speak to a member of our friendly and expert team who can tailor cover to meet your insurance needs.

NFU Mutual, The Old Penny Bank,
Burgess Street, Leominster,
Herefordshire, HR6 8DE
Leominster_agency@nfumutual.co.uk



NFU Mutual Financial Advisers advise on NFU Mutual products and selected products from specialist providers. We'll explain the advice services and the charges. Financial advice is provided by NFU Mutual Select Investments Ltd.



Agent of The National Farmers Union Mutual Insurance Society Limited.

The Hair Room

Unit 1B, Whitestone Business Park,
Whitestone, Hereford, HR1 3SE

A friendly, relaxing and professional
Hair & Beauty Salon

Hair Stylist Sara

10% off your first visit with Sara
For Ladies, Gents and Children
Telephone: 07766 468246

Claire Davies

Offers all aspects of
Beauty & Holistic Therapies
www.clairedaviesbeauty.co.uk
Telephone: 07812 202897

Ample Free Parking

Landscapes & Gardens



Slabs and Paving

Patios, Driveways, Paths
All types of stone and
concrete laying



Fencing

All types, build and repair



Stone walls

Garden and retaining walls
Block and brick walls
Dry stone wall laying specialist

New garden design and build
Small DIY and building projects

☎ 078 218 333 60 - Stefan



Accounts preparation, self assessment tax returns, business and personal tax planning, V.A.T, payroll and bookkeeping services

Mike Cole *fcca*

4 The Sheepcote, Monks Orchard, Lumber Lane, Lugwardine, Hereford HR1 4AG

Tel: (01432) 853125

Email: info@coleaccountants.co.uk

Bayley Brothers
Funeral Directors

17/19 Cotterell St,
Hereford, HR4 0HH

CALL US 24 HOURS A DAY ON
01432 272465

bayleybrothers.hereford@dignifyfunerals.co.uk

We help people during a very difficult time in their lives and we understand the importance of showing care and compassion at every step of the way.



T A Matthews is a highly established local law firm, who have provided high quality, expert advice on all legal matters including:

- House Moves
- Family Matters
- Farm and Land Sales and Purchases
- Agricultural and Business Tenancies
- Personal Injury & Employment
- Financing
- Succession Planning, Wills, Trusts and Inheritance Tax Planning
- Selling Development Land

Broadway House
32 – 35 Broad Street, Hereford HR4 9AR
Tel: 01432 352121

13a Broad Street,
Leominster, Herefordshire HR6 8TZ
Tel: 01568 615905

enquires@tamattthews.co.uk
tamattthews.co.uk



Caplor Energy is an established, local company specialising in renewable energy options for your home, community or business.

Speak to one of our team members about how to **reduce** your energy bills and **protect** yourself from future price increases.

info@caplor.co.uk

01432 860644

www.caplor.co.uk/energy

AAT Tree Services Arboricultural Maintenance

Herefordshire and Surrounding Areas

*Gardens, Storm Damage, Tree Surgery,
Removal, Tree Care, Hedge Trimming, Tree
Pruning, Crown Lifting or Reduction,
Emergency Tree Work,
Dangerous Trees Removed,
Consultancy and Surveying services*

**Free Quotes and Advice
Fully Insured and Qualified**

**Over 15 years Industry Experience. Local,
Professional, Affordable service.**

Kevin Bell:
01432 850919
07903 872380
aattrees@gmail.com



HEREFORDSHIRES ONLY INDEPENDENT
MERCEDES • BMW/MINI • PORSCHE

S P E C I A L I S T S



**Have you ever wondered what it
would be like to receive value for
money, personal service and your car
fixed, first time, every time?**

WORCESTER ROAD, WHITESTONE, HERFORD HR1 3RX
TELEPHONE: 01432 278833 EMAIL: SERVICE@GERRYDOVERMAN.CO.UK
WWW.DOVERMANS.CO.UK

Then look no further than **GERRY DOVERMAN**, the No 1 specialist for **Mercedes, BMW / MINI** and **Porsche** in Herefordshire.

The whole team shares your passion for performance, service and value for money. We have the Technical acumen and diagnostic equipment to deliver unrivalled levels of professionalism and quality, at significantly lower costs than those of a main dealer.

Call us today on **01432 278833** and experience the DOVERMAN difference for yourself; you will not be disappointed.



MOTs carried out on all makes!



Proud to be Independent.

- **Equine** - Essentials for horse & rider. Bedding, clothing, boots, rugs & tack.
- **Feeds** - Comprehensive range of large and small animal and poultry feeds.
 - **Pet** - Large and small-source it all pet supplies and accessories.
 - **Smallholder** - Day to day farming essentials.
 - **Delivery Service Available.**



www.mycountrystore.co.uk

Follow us on Facebook



Tel: 01432 345321

orders@mycountrystore.co.uk

Unit 4, Whitestone Business Park, Whitestone, Hereford, HR1 3SE



**Ring us today
to see if we
can help you**

Quality Care @ Home

We are a local, Independent, Domiciliary Care Service providing person-centred support to Herefordshire and surrounding areas. Our experienced team can support you or your loved one with:

- *Personal Care
- *Medication Management
- *Meal Preparation.
- *Companionship
- *Shopping
- *Escorting to appointments
- *Light Household Duties
- *Respite
- *Prescription Collection.
- and lots more....

01432-639736

www.qcareathome.com

admin@qcareathome.com

1-2 Fields Yard
Plough Lane
Hereford
HR4 0EL

Quality Care @ Home
Supporting your Independence



Withington Post Office



Post Office Services

National lottery
Health lottery
Free cash withdrawals
Personal / Business banking
Mobile top ups
Electricity bills
Water bills
Council tax
Car tax
Electric key top ups
Gas card top ups

Monday	9:00 am - 4:30pm
Tuesday	9:00 am - 4:30pm
Wednesday	9:00 am - 4:30pm
Thursday	9:00 am - 4:30pm
Friday	9:00 am - 4:30pm
Saturday	9:00 am - 12:30pm
Sunday	CLOSED

facebook.com/WithingtonPO/



Springfield road, Withington
HR13RU, 01432 850356



Monday	CLOSED
Tuesday	CLOSED
Wednesday	CLOSED
Thursday	— 5:00pm - 8:00pm
Friday	— 5:00pm - 8:00pm
Saturday	— 5:00pm - 8:00pm
Sunday	CLOSED

Springfield road, Withington
HR13RU, 01432 851891



facebook.com/MaltSaltWithington

**You can now order using our click and collect online service on:
www.maltandsalt.co.uk**

Please note our revised opening hours due to Covid -19